

November 18, 2018
33rd Sunday of Ordinary Time

Des Moines Intentional Eucharistic Community
All are welcome at our table

Prayer Leaders: Mary Routh and Barb Gross

Music Leader: Scott Hurley

Opening Song: *Come Thou Fount* (insert)

Blessing

ALL: In the Name of God as Loving Mother, as Holy Friend, and as Guiding Spirit. Amen.

Prayer Leaders: Peace be with you. **ALL: And also with you.**

Opening Prayer: We come together today as we open ourselves in prayer and reflection to receive more insight into life and death for ourselves and for our loved ones. We pray for a deeper understanding of what it means to live well and die well. Jesus, you are a true and compassionate guide for us, along with all our beloved family, friends, teachers, and mentors who have gone before us and who are with us today. We are forever grateful.

ALL: Amen

Prayer Leader: In your presence, O God, may our minds be opened, our spirits renewed, and our questions and insights shared.

ALL: Amen.

Please be seated.

First Reading: 2 Peter 1:13-15 and a reflection by Macrina Wiederkeher, "It Is Time To Fold Your Tent" from *Seasons of the Heart*

ALL: Thanks be to God.

Responsorial: Macrina Wiederkeher, "It Is Time To Fold Your Tent" from *Seasons of the Heart*

ALL: Guide me when it's time to fold my tent.

Second Reading: Henry Fersko-Weiss, *Caring for the Dying*

ALL: Thanks be to God.

Please stand for the Gospel.

Gospel: Mark 13: 28-33

ALL: Praise to you, Jesus the Christ.

Please be seated.

Dialogue Homily

Our dialogue homily is a time of reflection and sharing on the readings as they speak to our faith and life experiences, and as expressed and lived by our varied faith traditions.



November 18, 2018
33rd Sunday of Ordinary Time

Prayers of the People

Prayer Leader: Sisters and brothers in Christ, God invites us to bring our doubts and fears, our joys and concerns, our petitions and praise, and offer them for the earth and its creatures. Follow each petition with “We pray.”

R: God, hear our prayer.

Prayer Leader: God of Hope, we pray you will comfort and restore all who suffer in body, mind, and spirit — those whom we have named and those we hold in our hearts.

ALL: May they know the power of your healing love. *(A New Zealand Prayer Book, adapted)*

Prayer Leader: Receive our prayers, O God, and transform us through them, that we may have eyes to see and hearts to understand not only what you do on our behalf, but what you call us to do. **ALL: Amen.** *(Revised Common Lectionary Prayers 2002, adapted)*

Communal Offering

Prayer Leader: God, the earth is yours, and everything in it. We come now to this table to make a return to You for all You have so generously given to us.

ALL: In this gathering, we are fed and nourished with the gift of Word, with bread and wine, and with the gift of one another.

East: You feed us that we may become what we eat—that we become bread for the world.

West: In thanksgiving, we offer our prayers and gifts, our daily lives, our very selves to You and to our world.

ALL: May this offering we now collect support our community gathered here and carry our prayers and our work into the wider world. Amen.

Offertory Song: *The King Shall Come* #69

Eucharistic Prayer: *Laying Down Burdens*

*We gather around the altar for our prayer. Readers are not specifically assigned for the parts; please feel free to recite a passage if you feel so moved. **Bold parts are read in unison.** When it is time to bless the bread and wine, please extend a hand palm up as we say the words of blessing together. If you would like gluten-free bread, please stand by the podium.*

The Lord’s Prayer

Please join hands as we say The Lord’s Prayer, beginning with “Holy Friend.”

Peace

Communion Prayer

**We share this bread that was broken for us,
that we might learn how to be the Body of Christ.**

**We share the cup that was poured out for us,
that we might learn how to pour out our lives for one another.**

“You are the bread of life.”

“You are the cup of life.”

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33rd Sunday of Ordinary Time

Please remain standing in circles for Blessing of the Body

Blessing of the Body

“Bless this body now and at the time of death.”

Communion Meditation

*When I die, if you need to weep,
cry for your brother or sister walking the street beside you
and when you need me, put your arms around anyone and give them
what you need to give me.*

*I want to leave you something –
something better than words or sounds.*

*Look for me in the people I’ve known or loved
and if you cannot give me away,
at least let me live in your eyes and not on your mind.*

*You can love me most by letting hands touch your hands
By letting bodies touch bodies
And by letting go of children that need to be free.*

*Love doesn’t die; people do
So when all that’s left of me is love
Give me away. (From Meditations before Kaddish/“Epitaph” by Merritt Malloy)*

Healing Blessing

Anyone taking bread and wine to someone in the community is invited to come forward.

Prayer Leader: May our thoughts and prayers go to _____ and all those who need healing.
We hold them in our hearts.

ALL: We send you with bread and wine and the prayers of our community. Amen.

Announcements

Please stand in body or spirit.

Blessing

Prayer Leaders: May the God who brings heaven close to earth, give truth to our judgement
and flame to our longing that our hearts might be ready to be born again in love and with the
blessing of one another. (Steven Shakespeare, *Prayers for an Inclusive Church*, adapted)

ALL: In the name of Sophia, Goddess of Wisdom; in the name of our Brother Jesus, One-With-Us; and in the name of the Holy Spirit who stirs the Winds of Courage. Amen.

Final Song: *Lord, When Your Glory Appears* (insert)

November 18, 2018
33rd Sunday of Ordinary Time

***Please return the Eucharistic Prayer handout to the basket and
take this Prayer Aid/Bulletin home with you.***

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***Thank you for sharing in our celebration of faith this morning.
Please join us for refreshments immediately following the service.
We pray together in this space every Sunday at 10:00 a.m.
All are welcome!***

For the collection each week, checks can be written to "DMIEC." The First Sunday collection each month supports a selected charitable organization. The remaining collections cover utility, insurance, and other usual and customary expenses. Contributions are tax-deductible.

Today is DMARC Emergency Food Pantry Sunday. Envelopes are available for donations to the Des Moines Area Religious Council Emergency Food Pantries. Write checks to "DMARC" or place cash in the envelopes and add to the collection basket. Or, feel free to take an envelope home and mail your donations directly to DMARC.

MARK YOUR CALENDAR:

Date/Time	Event	Contact Person(s):
Wednesday, November 28, 6:30 p.m.	Living into Our Dying	Mary Routh
Saturday, December 1, 9:00 a.m.–noon	Advent Morning of Reflection: <i>Doors into the Quiet</i>	Mary Ann Koch, Lou Ann Burkle, and Kris Wells
Wednesday, December 5, 7:00 p.m.	Advent Prayer in Word and Music	Liturgy Team
Thursday, December 20, 5:30 p.m.	Serve Shelter Meal	Kathy Eastman

MINISTRIES FOR SUNDAY, NOVEMBER 26

Prayer Leader: Jeanne-Marie Schwendinger

Liturgy Coordinator: *Volunteer needed*

Prayer Aid Distributor: Mary Ann Koch. *Volunteer needed*

Greeters: *Volunteers needed*

Readers: Kay Kopatich, Kathy Reardon, Claudette McDonald

Eucharistic Ministers: Diane Morain. *Volunteers needed*

Straighten Worship Area: PJ and Claudette McDonald

Hospitality: Lisa & Dick Mullen, Kathy Reardon. *Volunteers needed*

Music Leader: Kathy Olah

Bread Baker: *Volunteer needed*

PLEASE SIGN UP! Volunteer signup sheets are located in the entry hallway. Instructions for the various volunteer positions are available on the web site (dmiec.org) or in the Liturgy Room.

If you have questions about a particular position, contact one of the Coach Contacts.

November 18, 2018
33rd Sunday of Ordinary Time

UPDATE: CREATING SANCTUARY

DMIEC is a sanctuary support community and a member of the Iowa Sanctuary Movement, which is sponsoring two El Salvadoran families in Des Moines currently seeking asylum. The two mothers and their two children need assistance with rent, utilities, food, clothing, and all living expenses. There are many ways to help these families, but financial support is paramount in getting through the most immediate months as asylum hearings are held.

The DMIEC Social Justice Committee donated \$600 from its 2018 budget. The committee is requesting an increase for immigrant/refugee support in its 2019 budget and designated the First Sunday collection on January 7 for the families. Other ways to donate:

- Send donations to First Unitarian Church, c/o Charles Lewis, 1800 Bell Ave., Des Moines, 50315. Please make checks to First Unitarian Church of DSM, with ISM Asylum Support on memo line.
- Donate on-line on First Unitarian Church's website.
- Place cash and check donations in the envelope on the entrance table.
- You may wish to consider a monthly donation that could be counted on for ongoing expenses.

Martha Gelhaus has set up a distribution list for those who want to be informed about the families' needs and who may be able to help with food, clothing, transportation and other assistance. Sign up on the clipboard or contact Martha, mgelhaus@hotmail.com to be added to the list.

DMIEC EVENTS:

LIVING INTO OUR DYING

Wednesday, November 28, 6:30 p.m.

As a follow-up to our discussion of the book *Caring for the Dying: The Doula Approach to a Meaningful Death* by Henry Fersko-Weiss, this session will be an opportunity for members to review and update their funeral folders. We will also hear a short presentation on financial matters around a death and explore the Five Wishes legal advance directive.

ADVENT MORNING OF REFLECTION: *Doors into the Quiet*

Saturday, December 1, 9:00 a.m. – noon

Take time out for this retreat morning using the Trinitarian Prayer Model: silent meditation, reflective journaling, and sharing. Advent booklet provided for meditation. Bring a journal if you wish. Coffee and tea available. Otherwise bring your own drink. RSVP by signing the clipboard at DMIEC, or phone 230-8410. Facilitators: Mary Ann Koch, Lou Ann Burkle, and Kris Wells

ADVENT PRAYER IN WORD AND MUSIC

Wednesday, December 5, 7:00 p.m.

In this season, more than any other, we are aware of our longing for God's peace among us. Come pray and sing your longing. Our Advent service will offer time to pray, to think, to reflect, and to sing.

SERVE SHELTER MEAL

Thursday, December 20, 5:30 or 6:00 p.m., Central Iowa Shelter & Services, 1420 Mulberry, St., DM

We will again purchase the foods already prepared from the Johnston Hy-Vee. We need volunteers to assist in serving and hospitality/fellowship. Serving begins at 6:30; we need several volunteers to be available about 5:30 and everyone else to arrive by 6:00 so we can make assignments, get food set up, and be ready to serve on time. Serving will be completed about 7:30. Shelter staff handles cleanup. Contact Kathy Eastman, keastman33@gmail.com or 255-7885 (home) if you have questions or to volunteer. Let Kathy know whether arriving at 5:30 or 6:00 better fits your schedule.

November 18, 2018
33rd Sunday of Ordinary Time

ANNUAL CHRISTMAS SONGFEST

Sunday, December 16, 2:00 – 5:00 p.m.

Home of Tom and Rita Fisher, West Grand Towers, 3663 Grand Ave., Unit 303, Des Moines

All are welcome! Please bring your voices, musical instruments, snacks and guests for an afternoon of music and conversation.

Summer 2019: Build Homes in Malawi with Habitat for Humanity

Enjoy a different kind of vacation. Brendalyn Shird is recruiting a volunteer team to serve in **Malawi, Africa, from June 29-July 7, 2019**. The team will experience *the warm heart of Africa* while building homes for vulnerable children who have lost at least one parent. For more information, contact Brendalyn at bshird@gdmhabitat.org.

AREA EVENTS:

We Are Church Confessing

Sunday, December 2, 1:00-1:30 p.m., Evelyn Davis Park, 1400 Forest Ave., Des Moines

We Are Church Confessing is an effort to call the church to publicly pray, confess, and bear witness to the sacredness of human life that our religious traditions call us to honor and protect. Ecumenical, interdenominational services are held in a public space the first Sunday of each month in response to our country's political crisis. This is not a protest. It is not partisan. The crisis in our political body pertains to basic issues of human rights about which we can agree to take a public stand even amidst our different perspectives on the best public policies or political affiliations. Plymouth Congregational Church will lead the December service. If you would like to be involved in planning, the next planning meeting is November 27, 12:00-1:15 p.m. at the Peace Conference room at Plymouth Congregational Church. For more information, contact Carmen Lampe Zeitler, carmenandjohn@aol.com.

Drake University Comparison Project: *Miracles*

Thursday, December 6, 7:00 p.m., Sussman Theater, Olmsted Center, Drake University

Firsthand accounts of a miracle investigator with Joe Nickell, author of *The Science of Miracles: Investigating the Incredible*.

Behold! *An Advent Morning Retreat of Holy Seeing and Being*

Saturday, December 8, 8:30 a.m. – noon, Grace Lutheran Church, 3010 52nd St., Des Moines

Join Contemplative Outreach of Central Iowa for a morning of quiet reflection, centering prayer, and holy seeing to celebrate the gifts of Advent. Suggested donation of \$15. To register see centeriowa.org.

MEET MY RELIGIOUS NEIGHBOR

Monthly open house events provide the opportunity to tour a sacred space of faith, learn how religion is practiced there, and meet and connect with people from different faiths and walks of life.

Saturday, December 8, 4:00 p.m., Plymouth Congregational Church, 4126 Ingersoll Ave., Des Moines

Open house and Inauguration of Interfaith Chapel.

Behold the Night! *Winter Solstice Worship*

Wednesday, December 19, 6:00 p.m., at Immanuel United Methodist Church, 2900 49th St., Des Moines

All are invited to join Contemplative Outreach of Central Iowa for a Winter Solstice Contemplative Worship service, featuring Richard Bruxvoort Colligan, a nationally known composer, musician, and liturgical theologian. A free will offering will be taken during the event. Go to centeriowa.org to register.

November 18, 2018 33rd Sunday of Ordinary Time

Catholic Worker House Needs: Cold weather brings a need for warm items for the Catholic Worker House guests — jackets, socks, stocking caps, blankets, and sleeping bags. Other immediate needs: disposable razors, shaving cream, and deodorant. DMIEC supports the Catholic Worker House through our weekly donations. Place your donations in the grocery cart in the coatroom.

If you are new to IEC and would like a printed nametag, please sign up on the sheet in the entry hallway. Please include your email address if you would like to be added to our distribution list. PLEASE NOTE: Signing up for a nametag and emails does not register you as a member of DMIEC. You must be a registered member to access the Members section of our web site and to vote in DMIEC elections. There is no tithing commitment. For more information or to register, please contact Jim Fifield, dmiec11@gmail.com or 720-2104.

BREAD AND WINE

If you would like to take the bread and wine to someone, or if you would like a member to bring bread and wine to you, please call Diane Morain at 491-7778 or talk to her before worship on Sunday. The bread and wine can then be blessed by the community during our Liturgy of the Eucharist. *Sharing the bread and wine is a vital part of our community.*

PLAYROOM SUPERVISION RULES

- Any child using the playroom must have their parent or other adult relative present in the playroom or immediately outside the room to maintain visual contact of the child.
- During Sunday services or other events, the parent or other adult relative may move a chair from the worship area to the hallway outside the playroom door to be able to participate in the service and maintain supervision of the child.
- If their parent or other adult relative is not present in the playroom, then two approved volunteers must be present. One of the volunteers must be 18 or older.

Individuals 14 years of age and older, who would like to supervise children in the playroom, must be approved by the Community Council. If interested in being approved, please contact Dennis Rhodes (DennisRho@msn.com or 371-6494) or Karen DeHaven (kdehaven@mchsi.com or 205-1086).

COMMUNITY CONTACTS

Pastoral Care Ministry Team

Kevin Pokorny (pokornyk@hotmail.com or 277-5848)

Mary Beth Reiff (marybethnz@msn.com or 779-6936)

Meal Coordinator:

Karen DeHaven (kdehaven@mchsi.com or 205-1086)

(Contact Karen to coordinate meal deliveries to DMIEC members suffering from illness, surgery, or accident.)

Community Council

Art Cunningham (finproac@aol.com; 961-6330)

Karen DeHaven (kdehaven@mchsi.com; 205-1086)

Donna Dressel (ddressel84@gmail.com; 313-6184)

Jim Fifield (jfifield74@gmail.com; 720-2104)

Dennis Rhodes (DennisRho@msn.com; 371-6494)

Mary Routh (Mlenaghanrouth@gmail.com; 371-4630)

Brendalyn Shird (brenshird@msn.com; 554-4700)

PERSONAL MINISTRIES

The Pastoral Care Ministry Team invites people in our community to offer their time as ministry to one another. Your ministry may include offering minor home repairs, yard work, pet care, respite care, prayer companion, rides to our Sunday prayer service, moving assistance, etc. For information, see flyers and signup sheet in the entry hallway.

There is an assistance fund for DMIEC members needing emergency financial assistance with food, shelter, utilities, transportation and medical and/or health issues. If you face such a need, we encourage you to contact a member of the Pastoral Care Ministry Team.

Building-Use Forms are on the web site. For information, please contact Mary Routh.

To submit an item for the bulletin, please send to Martha Fifield, martha.fifield@gmail.com.

Weekly Prayer Aids/Bulletins are available at dmiec.org. In the *Members* area in the left column, click on *Readings, Prayer Aids, Administration Files*, then *Our Weekly Prayer Aid*. Only registered DMIEC members may access this area of the web site.

To have full access, you may want to consider becoming a member. If you are not a registered member (or are not sure whether you are registered), contact Jim Fifield, dmiec11@gmail.com, 720-2104. You may also contact Jim if you are already a member and are having issues accessing the web site, or if you wish to update your personal information on the members' list on our web site.



DMIEC on Facebook: "Des Moines Intentional Eucharistic Community"

Administrators approve comments to our page before they go 'live'; only administrators can post statuses or pictures as DMIEC. To have an event posted as DMIEC on the page or to share pictures, email to tracyarood@gmail.com.

