

October 28, 2018
30th Sunday of Ordinary Time

Des Moines Intentional Eucharistic Community
All are welcome at our table

Prayer Leaders: Kay Kopatich and Gina MacRae

Music Leader: Kathy Olah

Opening Song: *Lord of the Dance* #564, v. 1, 3 & 5

Blessing

ALL: In honor of Sophia the Divine, Sophia as Compassionate One, and Sophia the Holy Spirit of Wisdom.

Prayer Leaders: Peace be with you. **ALL: And also with you.**

Opening Prayer:

Prayer Leader: Finally you are being acknowledged,
Not as He Who Is but She Who Is.
Another face of divinity to guide us,
A feminine movement of aliveness,
A divine relational, knowable presence.
You draw us into sacred community
And challenge troubling exclusivity
With your invitation of partnership.
You choose to reveal yourself to us
Through silent, intuitive glimpses.
She Who Is invites us inward.

(Joyce Rupp, Fragments of Your Ancient Name)

Prayer Leader: In your presence, Holy Wisdom, may our minds be opened, our spirits renewed, and our questions and insights shared.

ALL: Amen.

Please be seated.

First Reading: Proverbs 8: 23 - 31 (adapted)

ALL: Thanks be to Sophia Wisdom.

Responsorial Psalm: Psalm 2 (Nan Merrill, *Psalms for Praying*)

ALL: We all are one at the core.

Second Reading: Wisdom 7:7-11, 8:9

ALL: Thanks be to Sophia Wisdom.

Please stand for the Gospel.

Gospel: Miriam Therese Winter, *Life Prayers*

ALL: Thanks be to Sophia Wisdom.

Please be seated.



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Dialogue Homily

Our dialogue homily is a time of reflection and sharing on the readings as they speak to our faith and life experiences, and as expressed and lived by our varied faith traditions.

Prayers of the People

Prayer Leader: Sisters and brothers in Christ, Sophia invites us to bring our doubts and fears, our joys and concerns, our petitions and praise, and offer them for the earth and its creatures. Follow each petition with "We pray."

R: God, hear our prayer.

Prayer Leader: God of Hope, we pray you will comfort and restore all who suffer in body, mind, and spirit — those whom we have named and those we hold in our hearts.

ALL: May they know the power of your healing love. *(A New Zealand Prayer Book, adapted)*

Prayer Leader: Receive our prayers, O God, and transform us through them, that we may have eyes to see and hearts to understand not only what you do on our behalf, but what you call us to do. *(Revised Common Lectionary Prayers 2002, adapted)*

ALL: Amen.

Communal Offering

Prayer Leader: Sophia, we bring you the hours and days of this past week—our joys and sorrows, our failings and goodness. We bring you our separate lives and ask you to make of them a communal offering as we pray our thanks for all you have so generously given.

East: You gift us with what we need to sustain and feed us. In this gathering, we are fed and nourished with the gift of Word, with bread and wine, and with the gift of one another.

West: You feed us that we may become what we eat—that we become bread for the world. In thanksgiving, we offer our gifts, our daily lives, our very selves to You and to our world.

ALL: Let this offering we now collect support not just our community gathered here, but be a way to carry our prayers and our work out into the larger community. Amen.

Offertory Song: 10,000 Reasons #560

Eucharistic Prayer of the Body and Blood of Mary

*We gather around the altar for our prayer. Readers are not specifically assigned for the parts; please feel free to recite a passage if you feel so moved. **Bold parts are read in unison.** When it is time to bless the bread and wine, please extend a hand palm up as we say the words of blessing together. If you would like gluten-free bread, please stand by the podium.*

The Prayer of Our Lord from A New Zealand Prayer Book

Please join hands and repeat after the prayer leaders.

Peace

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Communion Prayer

**We share this bread that was broken for us,
that we might learn how to be the Body of Christ.**
**We share the cup that was poured out for us,
that we might learn how to pour out our lives for one another.**

“You are the bread of life.” “You are the cup of life.”

When everyone has received Communion, please return to seats for silent prayer.

Communion Meditation

Prayer after Communion

Prayer Leader: We end this Eucharist with grace
for the joy and nourishment of food,
for time away from the world
to come into presence with each other
and sense the subtle lives behind our faces,
the different colors of our voices,
the edges of hungers we keep private,
the circle of love that unites us.
We pray the wise spirit who keeps us
To change the structures that make others hunger
And that after such grace we might now go forth
And import dignity wherever we go. (John O’Donohue, *To Bless the Space Between Us*, adapted)

Healing Blessing

Anyone taking bread and wine to someone in the community is invited to come forward.

Prayer Leader: May our thoughts and prayers go to _____ and all those who need healing.
We hold them in our hearts.

ALL: We send you with bread and wine and the prayers of our community. Amen.

Please stand in body or spirit.

Blessing

Prayer Leader: We arose today
Blessed by all things,
Wings of breath,
Delight of eyes,
Wonder of whisper
Intimacy of touch,
Eternity of soul,
Urgency of thought,
Miracle of health,
Embrace of the Divine.

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ALL: May we live this day
Compassionate of heart
Clear in word,
Gracious in awareness,
Courageous in thought,
Generous in love.

(John O'Donohue, *To Bless the Space Between Us*)

Final Song: ***Be Light for Our Eyes*** (insert)

***Please return the Eucharistic Prayer handout to the basket and
take this Prayer Aid/Bulletin home with you.***

Thank you for sharing in our celebration of faith this morning.
Please join us for refreshments and Community Conversation following the service.
We pray together in this space every Sunday at 10:00 a.m.
All are welcome!

For the collection each week, checks can be written to "DMIEC." The First Sunday collection each month supports a selected charitable organization. The remaining collections cover utility, insurance, and other usual and customary expenses. Contributions are tax-deductible.

COMMUNITY CONVERSATION TODAY

Please plan to stay after the service for our quarterly conversation, which serves as a way to provide updates on community finances, social justice practices and topics, liturgy, and other important community issues while fostering open dialogue. Refreshments will be served in the worship space. In the interest of respecting everyone's time, there will be NO oral announcements at the end of our service today.

CREATING SANCTUARY EVERYWHERE

DMIEC is a sanctuary support community and a member of the Iowa Sanctuary Movement. Sanctuary faith communities are sponsoring two families in Des Moines currently seeking asylum. The families are from El Salvador and crossed the border in Texas in July. The two mothers and their two children need assistance with rent, utilities, food, clothing, and all living expenses. The children attend Monroe school. The mothers are not yet allowed to apply for work permits. There will be many ways to help these families, but financial support is paramount. The DMIEC Social Justice Committee has donated \$600 from its 2018 budget and will consider additional donations from its 2019 budget. Other ways to donate:

- Send donations to First Unitarian Church, c/o Charles Lewis, 1800 Bell Ave., Des Moines, 50315. Please make checks to First Unitarian Church of DSM, with ISM Asylum Support on memo line.
- Donate on-line on First Unitarian Church's website.
- Place cash and check donations in the envelope on the entrance table.

Martha Gelhaus is setting up a distribution list for those who want to be informed about the families' needs and who may be able to help with food, clothing, transportation and other assistance. Sign up on the clipboard or contact Martha, mgelhaus@hotmail.com to be added to the list.

DMARC collection: Last week's DMIEC collection netted \$1,035 for DMARC Emergency Food Pantry.

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CELEBRATION OF ALL SAINTS. *On Sunday, November 4, we will celebrate our saints.* The service will include some prayerful silence. The dialogue homily will be replaced with time for remembering and honoring our saints with stones that you will pick up as you come in.

Collection recipient NOVEMBER 4: GENESIS YOUTH FOUNDATION.

Genesis Youth Foundation is dedicated to helping refugee families level the playing field through athletic play, the arts, and academic enrichment. They provide youth participants with one-on-one and small group mentoring with positive adult mentors. Youth programming fosters growth in leadership and relationship-building skills and supports academic success through tutoring, self-discovery, goal setting and college/career exploration. The cultural heritage of participants and families are embraced in singing, dancing, storytelling, fashion, personal experiences, and the culinary arts.

Checks can be written either to “Genesis Youth Foundation” or “DMIEC.”

TOOLS NEEDED

Richard Flamer is seeking tools to take to Ixtaltepec, Oaxaca, his wife’s hometown where 700 of the 1,200 houses were destroyed in the Mexico earthquake last fall. They hope for donations of the following tools in order to start a communal woodshop and train young people in carpentry: circular saws; tabletop planer; cordless drills with batteries; joiner; shaper; routers and bits; belt sanders; palm sanders; band saw; 12-inch table saw. Tools are needed by early November and should be in good working order. Richard will pay a 16% tax on all that they import. If you have tools to donate, please contact Richard at flamerrichard@gmail.com. Smaller tools can be left in the Catholic Worker cart.

A tool that is not used is a sin, for someone could be making a living from that tool. ~ Richard’s father

FALL CLEANUP DAY – VOLUNTEERS NEEDED!

Saturday, November 3, 8:30 a.m. – noon

Please plan to join us for a brisk fall morning of IEC grounds cleanup! We will rake, weed, trim, and prepare the garden areas for winter. Wear long sleeves, pants, and gloves to protect against poison ivy. Garden tools to bring: Wheelbarrows (we always need more), rakes, and hand pruners. For work along the west fence line, we need hedge trimmers with heavy-duty extension cords, saws, and pruners.

Please sign up on the clipboard in the entry hallway. *(Rain date November 17.)*

Wanted: Leaf Bags. We need donations of Des Moines yard waste bags for the cleanup day. Please put the bags under the table in the entry hallway.

MARK YOUR CALENDAR:

Date/Time	Event	Contact Person(s):
Wednesdays, October 31, November 7, 14 & 28, 6:30 p.m.	Living into Our Dying	Mary Routh
Saturday, November 3, 8:30 a.m. - noon	Fall Grounds Cleanup	Garden Committee
Sunday, November 4	Celebration of All Saints	Liturgy Team
Thursday, November 8, 6:30 p.m.	Social Justice Committee Meeting	Social Justice Committee
Sunday, November 11, after service	Alternative Gift Market	Social Justice Committee
Saturday, December 1, 9:00 a.m. - noon	Advent Retreat	Lou Ann Burkle and Mary Ann Koch
Wednesday, December 5, 7:00 p.m.	Advent Prayer Service	Liturgy Team

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MINISTRIES FOR SUNDAY, NOVEMBER 4

Prayer Leader: Julie Powell-Mohr and Donna Dressel

Music Leader: Kevin Pokorny

Liturgy Coordinator: Mona Gude

Prayer Aid Distributor: Mary Tomlinson

Bread Baker: Mary Routh

Greeters: *Volunteers needed*

Readers: Lisa Mullen, Ellen Corwin. *Volunteer needed*

Eucharistic Ministers: Martha Gelhaus, Kris Wells, Diane Morain

Straighten Worship Areas: Eileen Burtle

Hospitality: Martha Gelhaus, Mona Gude. *Many volunteers needed!*

PLEASE SIGN UP! Volunteer signup sheets are located in the entry hallway. Instructions for the various volunteer positions are available on the web site (dmiec.org) or in the Liturgy Room.

If you have questions about a particular position, contact one of the Coach Contacts.

DMIEC EVENTS:

LIVING INTO OUR DYING

Wednesdays, October 31, November 7, 14 and 28, 6:30 p.m.

All are welcome to attend a three-part discussion of the book *Caring for the Dying: The Doula Approach to a Meaningful Death* by Henry Fersko-Weiss. Please read the book before the discussions.

The fourth and final session is for DMIEC only and will be an opportunity for members to review and update their funeral folders.

ALTERNATIVE GIFT MARKET

Sunday, November 11, noon – 2:00 p.m.

Start your Christmas shopping early and discover unique gifts that support social justice and spiritual growth locally and around the world. You'll find handcrafted and Fair Trade items from Nicaragua, El Salvador, Peru, Ethiopia, Ghana, Swaziland, Nepal, Cambodia, and Palestine, as well as from right here in Iowa. 100% of proceeds go to vendors and their causes. For more information, please call Cindy Mumm at 515-657-1667.

AREA EVENTS:

Speaker: Angie Thomas, Author of *The Hate U Give*

Friday, November 2, 10:15 a.m. and 1:30 p.m., Hy-Vee Hall, 730 Third St., Des Moines

Angie Thomas writes about what it's like to be African-American in the 21st-century United States. Her critically acclaimed book, *The Hate U Give*, deals with speaking up about injustice. It has been described as "a brilliant, gut-wrenching novel that will be remembered as a classic of our time."

A movie based on the book has just been released. Her talk is free and open to the public.

A DAY IN THE DESERT

First Saturday of each month November through March, 8:30 a.m. – 3:15 p.m.

Emmaus House Spirituality Center, 1521 Center St., Des Moines

Are you looking for time and space for prayer and reflection, but don't have time for a long retreat? Do you find it challenging to hear God's gentle voice in the midst of your busy life? "A Day in the Desert" may be for you. Come once or to all five. Spiritual directors available throughout the day. All welcome. Questions? Contact Kevin O'Donnell at kevin@theemmaushouse.org or 515-282-4839. Space limited to 10 people. \$40/day. To RSVP, register via PayPal at www.theemmaushouse.org/upcoming-events.

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OUR SISTER PARISH FUNDRAISER

Saturday, November 3, 7:00 p.m., Heartland Presbyterian Church, 142nd and Hickman, Clive

Plan to attend the fundraiser for Our Sister Parish to support the Presbytery of Des Moines' mission in Berlin, Usulután, El Salvador. (DMIEC is a member of OSP.)

Once again, a silent auction will be part of the fundraiser. DMIEC will submit two gift baskets/items, each valued at \$100. The auction will be limited to around 25 items this year. Please see Steve if you have ideas for this. A group of people can also go together to create a basket.

Tables of eight will be pre-sold for \$100—that's \$12.50 a ticket.

MEET MY RELIGIOUS NEIGHBOR

Monthly open house events provide the opportunity to tour a sacred space of faith, learn how religion is practiced there, and meet and connect with people from different faiths and walks of life.

Sunday, November 4, 1:00 – 3:00 p.m., Des Moines Zen Center, 6901 SW 14th St., Des Moines

The Zen Center will hold an open house so guests can tour their new facility, meet members of their community, and learn how they practice Zen Buddhism there. At 3:00 pm, there will be a guest lecture by David Loy, a professor, writer, and Zen teacher in the Sanbo Zen tradition of Japanese Zen Buddhism.

Contemplative Lounge: The Grateful Heart and Centering Prayer

Saturday, November 10, 8:30 – 11:45 a.m., Faith Lutheran Church, 10395 University Ave., Clive

"Contemplative Lounge" is an opportunity to come alongside others in informal conversation to explore what it means to live abundantly while committing to grow in the contemplative values of silence, stillness, simplicity, and service. Whether you are a seasoned Centering Prayer practitioner, a beginner, one who struggles with meditation, or just curious, you are invited to reflect on thanksgiving and gratitude in a welcoming environment. Facilitated by Kathy Reardon. No cost for the program, but participants are asked to consider a \$15 donation to Contemplative Outreach of Central Iowa, which can be paid at the door. Register at <http://www.centeriowa.org>.

ONLY LOVE: Concert and Community Sing with SARA THOMSEN AND MAGGIE WHEELER

Saturday, November 10, 7:00 p.m., Unitarian Universalist Church, 2355 Oakdale Rd., Coralville

Join Sara Thomsen (singer, song writer and founder/artistic director of the Echoes of Peace Choir) and Maggie Wheeler (best known for her role as Janice on the series *Friends* and co-founder/director of the Golden Bridge Choir in Los Angeles) as they share songs of spirit, joy, soul, and celebration, songs for the journey and songs to find your way home. Help them fill the space with harmony and spirit. Tickets \$20, available at onlylove.brownpapertickets.com/.

Darkness cannot drive out darkness; only light can do that.

Hate cannot drive out hate; only love can do that. ~ Martin Luther King, Jr.

Drake University Comparison Project: *Miracles*

Thursday, November 15, 7:00 p.m., Sussman Theater, Olmsted Center, Drake University

The 'Miracle' Problem: A Lakota Thought Experiment with Fritz Detwiler, Professor of Philosophy and Religion, Adrian College.

Autumn Catholic Worker House Needs: Cooler weather brings a need for warmer items for the Catholic Worker House guests — jackets, socks, stocking caps, blankets, and sleeping bags. Other immediate needs: disposable razors, shaving cream, and deodorant. DMIEC supports the Catholic Worker House through our weekly donations. Place your donations in the grocery cart in coatroom.

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NEXT WEEK'S READINGS (*May be subject to change.*)
Deuteronomy 6:2-6; Hebrews 7:23-28; Mark 12:28-34

If you are new to IEC and would like a printed nametag, please sign up on the sheet in the entry hallway. Please include your email address if you would like to be added to our distribution list. PLEASE NOTE: Signing up for a nametag and emails does not register you as a member of DMIEC. You must be a registered member to access the Members section of our web site and to vote in DMIEC elections. There is no tithing commitment. For more information or to register, please contact Jim Fifield, dmiec11@gmail.com or 720-2104.

BREAD AND WINE

If you would like to take the bread and wine to someone, or if you would like a member to bring bread and wine to you, please call Diane Morain at 491-7778 or talk to her before worship on Sunday. The bread and wine can then be blessed by the community during our Liturgy of the Eucharist. *Sharing the bread and wine is a vital part of our community.*

PLAYROOM SUPERVISION RULES

- Any child using the playroom must have their parent or other adult relative present in the playroom or immediately outside the room to maintain visual contact of the child.
- During Sunday services or other events, the parent or other adult relative may move a chair from the worship area to the hallway outside the playroom door to be able to participate in the service and maintain supervision of the child.
- If their parent or other adult relative is not present in the playroom, then two approved volunteers must be present. One of the volunteers must be 18 or older.

Individuals 14 years of age and older, who would like to supervise children in the playroom, must be approved by the Community Council. If interested in being approved, please contact Dennis Rhodes (DennisRho@msn.com or 371-6494) or Karen DeHaven (kdehaven@mchsi.com or 205-1086).

COMMUNITY CONTACTS

Pastoral Care Ministry Team

Kevin Pokorny (pokornyk@hotmail.com or 277-5848)
Mary Beth Reiff (marybethnz@msn.com or 779-6936)

Meal Coordinator:

Karen DeHaven (kdehaven@mchsi.com or 205-1086)
(Contact Karen to coordinate meal deliveries to DMIEC members suffering from illness, surgery, or accident.)

Community Council

Art Cunningham (finproac@aol.com; 961-6330)
Karen DeHaven (kdehaven@mchsi.com; 205-1086)
Donna Dressel (ddressel84@gmail.com; 313-6184)
Jim Fifield (jfifield74@gmail.com; 720-2104)
Dennis Rhodes (DennisRho@msn.com; 371-6494)
Mary Routh (Mlenaghanrouth@gmail.com; 371-4630)
Brendalyn Shird (brenshird@msn.com; 554-4700)

PERSONAL MINISTRIES

The Pastoral Care Ministry Team invites people in our community to offer their time as ministry to one another. Your ministry may include offering minor home repairs, yard work, pet care, respite care, prayer companion, rides to our Sunday prayer service, moving assistance, etc. For information, see flyers and signup sheet in the entry hallway.

There is an assistance fund for DMIEC members needing emergency financial assistance with food, shelter, utilities, transportation and medical and/or health issues. If you face such a need, we encourage you to contact a member of the Pastoral Care Ministry Team.

Building-Use Forms are on the web site. For information, please contact Mary Routh.

To submit an item for the bulletin, please send to Martha Fifield, martha.fifield@gmail.com.

Weekly Prayer Aids/Bulletins are available at dmiec.org. In the *Members* area in the left column, click on *Readings, Prayer Aids, Administration Files*, then *Our Weekly Prayer Aid*. Only registered DMIEC members may access this area of the web site.

To have full access, you may want to consider becoming a member. If you are not a registered member (or are not sure whether you are registered), contact Jim Fifield, dmiec11@gmail.com, 720-2104. You may also contact Jim if you are already a member and are having issues accessing the web site, or if you wish to update your personal information on the members' list on our web site.



DMIEC on Facebook: "Des Moines Intentional Eucharistic Community"

Administrators approve comments to our page before they go 'live'; only administrators can post statuses or pictures as DMIEC. To have an event posted as DMIEC on the page or to share pictures, email to tracyarood@gmail.com.

