

October 21, 2018
29th Sunday of Ordinary Time

Des Moines Intentional Eucharistic Community
All are welcome at our table

Prayer Leaders: Mary Caponi, Maggie Rawland, Mary Ann Koch

Music Leader: Scott Hurley

Opening Song: *Song of the Body of Christ* (insert) *(Please remain seated for the song.)*

Please stand in body or spirit.

Blessing

**ALL: In the name of God as Loving Creator, God as One with us, and God as Great Spirit.
Amen.**

Prayer Leaders: Peace be with you. **ALL: And also with you.**

Opening Prayer:

Prayer Leader: Grandfather, look at our brokenness.

We know that in all creation only the human family has strayed from the Sacred Way.

ALL: We know that we are the ones who are divided

And we are the ones who must come back together to walk in the Sacred Way.

Grandfather, Sacred One,

Teach us love, compassion, and honor that we may heal the earth and heal each other.

Amen, may it be so. (Ojibway Prayer, from *Earth Prayers*, Elizabeth Roberts and Elias Amidon, ed.)

Prayer before Reading the Word

Prayer Leader: O strong and faithful One,

In you we have found the path to wisdom.

Open our eyes to your presence everywhere.

ALL: Unstop our ears to hear the challenge of your Word.

**Loose our tongues in songs of praise
and fearless witness to your justice.**

We ask this of You, Great Spirit. Amen.

(At Home with the Word, adapted)

Prayer Leader: In your presence, O God, may our minds be opened, our spirits renewed, and our questions and insights shared.

Please be seated.

First Reading: Isaiah 53:10-11

ALL: Thanks be to God.

Responsorial Psalm: Psalm 33 (Nan Merrill, *Psalms for Praying*)

**ALL: All creation, from the distant stars to the depth of the seas,
Is held together by the Oneness of Love.**



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Second Reading: United Nations Earth Charter Preamble

ALL: Thanks be to God.

Please stand for the Gospel.

Gospel: Mark 10:35-45

ALL: Praise to you, Jesus the Christ.

Please be seated.

Dialogue Homily

Our dialogue homily is a time of reflection and sharing on the readings as they speak to our faith and life experiences, and as expressed and lived by our varied faith traditions.

Prayers of the People

Prayer Leader: Sisters and brothers in Christ, God invites us to bring our doubts and fears, our joys and concerns, our petitions and praise, and offer them for the earth and its creatures. Follow each petition with "We pray."

R: God, hear our prayer.

Prayer Leader: God of Hope, comfort and restore all who suffer in body, mind, and spirit – those whom we have named and those we hold in our hearts.

ALL: May they know the power of your healing love. *(A New Zealand Prayer Book, adapted)*

ALL: Receive our prayers, O God, and transform us through them, that we may have eyes to see and hearts to understand not only what you do on our behalf, but what you call us to do. Amen. *(Revised Common Lectionary Prayers 2002, adapted)*

Communal Offering

Prayer Leader: God, the earth is yours, and everything in it. We come now to this table to make a return to You for all You have so generously given to us.

ALL: In this gathering, we are fed and nourished with the gift of Word, with bread and wine, and with the gift of one another.

East: You feed us that we may become what we eat—that we become bread for the world.

West: In thanksgiving, we offer our prayers and gifts, our daily lives, our very selves to You and to our world.

ALL: May this offering we now collect support our community gathered here and carry our prayers and our work into the wider world. Amen.

Offertory Song: *Oh the Life of the World* (insert)

Eucharistic Prayer of Beauty

*We gather around the altar for our prayer. Readers are not specifically assigned for the parts; please feel free to recite a passage if you feel so moved. **Bold parts are read in unison.** When it*

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is time to bless the bread and wine, please extend a hand palm up as we say the words of blessing together. If you would like gluten-free bread, please stand by the podium.

The Lord's Prayer

Please join hands as we say The Lord's Prayer, beginning with "O Great Spirit..."

Peace

Communion Prayer

**We share this bread that was broken for us,
that we might learn how to be the Body of Christ.
We share the cup that was poured out for us,
that we might learn how to pour out our lives for one another.**

for "You are the bread of life." "You are the cup of life."

When everyone has received Communion, please return to seats for silent prayer.

Communion Song: *Bread for the World* #351

Prayer after Communion

Prayer Leader: Our God, whose voice we have heard in our midst,
whose face we have seen all around us,
and whose Spirit dwells within us:

East: Great Spirit, whose dry lands thirst, help us to find the way to refresh your lands.

West: Great Spirit, whose waters are choked with debris and pollution, help us to find the way to cleanse your waters.

East: Great Spirit, whose beautiful earth grows ugly with misuse, help us to find the way to restore beauty to your handiwork.

West: Great Spirit, whose creatures are being destroyed, help us to find a way to replenish them.

East: Great Spirit, whose gifts to us are being lost in selfishness and corruption, help us to find the way to restore our humanity.

ALL: Amen

(U.N. Environmental Sabbath Program)

Healing Blessing

Anyone taking bread and wine to someone in the community is invited to come forward.

Prayer Leader: May our thoughts and prayers go to _____ and all those who need healing.
We hold them in our hearts.

ALL: We send you with bread and wine and the prayers of our community. Amen.

Announcements

Please stand in body or spirit.

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Blessing

Prayer Leaders: May God bless us, and may we all go forth to help bring God's love and peace to our world.

ALL: In the name of God as Loving Creator, God as One with us, and God as Great Spirit. Amen.

Final Song: *Amazing Grace* (insert)

Please return the Eucharistic Prayer handout to the basket and take this Prayer Aid/Bulletin home with you.

Thank you for sharing in our celebration of faith this morning. Please join us for refreshments immediately following the service. We pray together in this space every Sunday at 10:00 a.m. All are welcome!

For the collection each week, checks can be written to "DMIEC." The First Sunday collection each month supports a selected charitable organization. The remaining collections cover utility, insurance, and other usual and customary expenses. Contributions are tax-deductible.

COMMUNITY CONVERSATION OCTOBER 28: *Please plan to stay after the service next Sunday.*

Quarterly conversations serve as a way to provide updates on community finances, social justice practices and topics, liturgy, and other important community issues while fostering open dialogue. In the interest of respecting everyone's time, there are NO oral announcements at the end of our service when we have a Community Conversation. ***If you have an announcement for next week, please be sure to send it to Martha Fifield, martha.fifield@gmail.com, so it can be included in the bulletin.***

Today is DMARC Emergency Food Pantry Sunday. Envelopes are available for donations to the Des Moines Area Religious Council Emergency Food Pantries. Write checks to "DMARC" or place cash in the envelopes and add to the collection basket. Or, feel free to take an envelope home and mail your donations directly to DMARC.

TOOLS NEEDED

Richard Flamer is seeking tools to take to Ixtaltepec, Oaxaca, his wife's hometown where 700 of the 1,200 houses were destroyed in the Mexico earthquake last fall. They hope for donations of the following tools in order to start a communal woodshop and train young people in carpentry: circular saws; tabletop planer; cordless drills with batteries; joiner; shaper; routers and bits; belt sanders; palm sanders; band saw; 12-inch table saw. Tools are needed by early November and should be in good working order. Richard will pay a 16% tax on all that they import. If you have tools to donate, please contact Richard at flamerrichard@gmail.com. Smaller tools can be left in the Catholic Worker cart.

A tool that is not used is a sin, for someone could be making a living from that tool. ~ Richard's father

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MARK YOUR CALENDAR:

Date/Time	Event	Contact Person(s):
Wednesday, October 24 7:00 – 9:00 p.m.	Cosmic Oneness: Our Holy Communion	Bob Ludwig
Sunday, October 28, after service	Community Conversation	Community Council
Wednesdays, October 31, November 7, 14 & 28, 6:30 p.m.	Living into Our Dying	Mary Routh
Saturday, November 3, 8:30 a.m. - noon	Fall Grounds Cleanup	Garden Committee
Sunday, November 4	Celebration of All Saints	Liturgy Team
Sunday, November 11, after service	Alternative Gift Market	Social Justice Committee
Saturday, December 1, 9:00 a.m. - noon	Advent Retreat	Lou Ann Burkle and Mary Ann Koch
Wednesday, December 5, 7:00 p.m.	Advent Prayer Service	Liturgy Team

MINISTRIES FOR SUNDAY, OCTOBER 28

Prayer Leader: Kay Kopatich and Gina MacRae

Liturgy Coordinator: *Volunteer needed*

Prayer Aid Distributor: Martha Gelhaus

Greeters: *Volunteers needed*

Readers: Ellen Corwin, Jeanie Hagedorn. *Volunteer needed*

Eucharistic Ministers: Elaine Hagedorn, Jerry Conley, Diane Morain

Straighten Worship Areas: *Volunteer needed*

Hospitality: Lisa & Dick Mullen, Martha Gelhaus, Lou Ann Burkle, Joe Fagan. *Volunteers needed*

Music Leader: Kathy Olah

Bread Baker: Jeanine Freeman

PLEASE SIGN UP! *Volunteer signup sheets are located in the entry hallway. Instructions for the various volunteer positions are available on the web site (dmiec.org) or in the Liturgy Room.*

If you have questions about a particular position, contact one of the Coach Contacts.

DMIEC EVENTS:

Cosmic Oneness: *Our Holy Communion* — Creation Spirituality and Mystical Awareness

Wednesday, October 24, 7:00 – 9:00 p.m.

The final evening in a series in which Bob Ludwig has been exploring the revelations emerging from ecology and cosmology as the grounding for 21st-century mysticism. This interactive presentation provokes a discussion about how creation is spiritually primary and foundational—and how that now shapes both an ethic and a new cultural paradigm. No cost, all invited and welcomed!

LIVING INTO OUR DYING

Wednesdays, October 31, November 7, 14 and 28, 6:30 p.m.

All are welcome to attend a three-part discussion of the book *Caring for the Dying: The Doula Approach to a Meaningful Death* by Henry Fersko-Weiss. Please read the book before the discussions.

The fourth and final session is for DMIEC only and will be an opportunity for members to review and update their funeral folders.

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FALL CLEANUP DAY – VOLUNTEERS NEEDED!

Saturday, November 3, 8:30 a.m. – noon (Rain date November 17)

Mark your calendar for the fall cleanup of the IEC grounds. We will rake, weed, trim, and prepare the garden areas for winter. Please wear long sleeves, pants, and gloves to protect against poison ivy. Garden tools to bring: Wheelbarrows (we always need more), rakes, and hand pruners. For work along the west fence line, we need hedge trimmers with heavy-duty extension cords, saws, and pruners. Please sign up on the clipboard in the entry hallway.

Wanted: Leaf Bags. We need donations of Des Moines yard waste bags for the cleanup day. Please put the bags under the table in the entry hallway.

ALTERNATIVE GIFT MARKET

Sunday, November 11, noon – 2:00 p.m.

Start your Christmas shopping early and discover unique gifts that support social justice and spiritual growth locally and around the world. You'll find handcrafted and Fair Trade items from Nicaragua, El Salvador, Peru, Ethiopia, Ghana, Swaziland, Nepal, Cambodia, and Palestine, as well as from right here in Iowa. 100% of proceeds go to vendors and their causes. For more information, please call Cindy Mumm at 515-657-1667.

NEXT WEEK'S READINGS (May be subject to change.)

Jeremiah 31:7-9; Hebrews 5:1-6; Mark 10:46-52

AREA EVENTS:

Fukushima Freeways: Transporting Toxic Nuclear Waste Across Iowa

Tuesday, October 23, 12:30-2:00 p.m., Des Moines Public Library (Central), 1000 Grand Ave, DM

Nuclear power stations are closing across the country, including in Illinois, Iowa and Nebraska. The problem of what to do with the deadly nuclear waste remains. One proposed solution is to transport the nuclear garbage across I-80 and on railways through the Midwest to a nuclear waste dump in New Mexico. Come find out more about the consequences during this educational program presented by Beyond Nuclear's Kevin Kamps.

Drake University Comparison Project: Miracles

Thursday, October 25, 7:00 p.m., Sussman Theater, Olmsted Center, Drake University

Kin Cheung, Assistant Professor of Asian Religions, Department of Global Religions, Moravian College. The Intertwining of healing and religion in a contemporary Chinese-American community.

OUR SISTER PARISH FUNDRAISER

Saturday, November 3, 7:00 p.m., Heartland Presbyterian Church, 142nd and Hickman, Clive

Plan to attend the fundraiser for Our Sister Parish to support the Presbytery of Des Moines' mission in Berlin, Usulatan, El Salvador. (DMIEC is a member of OSP.)

Once again, a silent auction will be part of the fundraiser. DMIEC will submit two gift baskets/items, each valued at \$100. The auction will be limited to around 25 items this year. Please see Steve if you have ideas for this. A group of people can also go together to create a basket.

Tables of eight will be pre-sold for \$100—that's \$12.50 a ticket.

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Speaker: Angie Thomas, Author of *The Hate U Give*

Friday, November 2, 10:15 a.m. and 1:30 p.m., Hy-Vee Hall, 730 Third St., Des Moines

Angie Thomas writes about what it's like to be African-American in the 21st-century United States. Her critically acclaimed book, *The Hate U Give*, deals with speaking up about injustice. It has been described as “a brilliant, gut-wrenching novel that will be remembered as a classic of our time.” A movie based on the book has just been released. Her talk is free and open to the public.

MEET MY RELIGIOUS NEIGHBOR

Monthly open house events provide the opportunity to tour a sacred space of faith, learn how religion is practiced there, and meet and connect with people from different faiths and walks of life.

Sunday, November 4, 1:00 – 3:00 p.m., Des Moines Zen Center, 6901 SW 14th St., Des Moines

The Zen Center will hold an open house so guests can tour their new facility, meet members of their community, and learn how they practice Zen Buddhism there. At 3:00 pm, there will be a guest lecture by David Loy, a professor, writer, and Zen teacher in the Sanbo Zen tradition of Japanese Zen Buddhism.

Contemplative Lounge: The Grateful Heart and Centering Prayer

Saturday, November 10, 8:30 –11:45 a.m., Faith Lutheran Church, 10395 University Ave., Clive

“Contemplative Lounge” is an opportunity to come alongside others in informal conversation to explore what it means to live abundantly while committing to grow in the contemplative values of silence, stillness, simplicity, and service. Whether you are a seasoned Centering Prayer practitioner, a beginner, one who struggles with meditation, or just curious, you are invited to reflect on thanksgiving and gratitude in a welcoming environment. Facilitated by Kathy Reardon. No cost for the program, but participants are asked to consider a \$15 donation to Contemplative Outreach of Central Iowa, which can be paid at the door. Register at <http://www.centeriowa.org>.

ONLY LOVE: Concert and Community Sing with SARA THOMSEN AND MAGGIE WHEELER

Saturday, November 10, 7:00 p.m., Unitarian Universalist Church, 2355 Oakdale Rd., Coralville

Join Sara Thomsen (singer, song writer and founder/artistic director of the Echoes of Peace Choir) and Maggie Wheeler (best known for her role as Janice on the series *Friends* and co-founder/director of the Golden Bridge Choir in Los Angeles) as they share songs of spirit, joy, soul, and celebration, songs for the journey and songs to find your way home. Help them fill the space with harmony and spirit. Tickets \$20, available at onlylove.brownpapertickets.com/.

Darkness cannot drive out darkness; only light can do that.

Hate cannot drive out hate; only love can do that. ~ Martin Luther King, Jr.

Autumn Catholic Worker House Needs: Cooler weather brings a need for warmer items for the Catholic Worker House guests — jackets, socks, stocking caps, blankets, and sleeping bags. Other immediate needs: disposable razors, shaving cream, and deodorant. DMIEC supports the Catholic Worker House through our weekly donations. Place your donations in the grocery cart in coatroom.

If you are new to IEC and would like a printed nametag, please sign up on the sheet in the entry hallway. Please include your email address if you would like to be added to our distribution list. PLEASE NOTE: Signing up for a nametag and emails does not register you as a member of DMIEC. You must be a registered member to access the Members section of our web site and to vote in DMIEC elections. There is no tithing commitment. For more information or to register, please contact Jim Fifield, dmiec11@gmail.com or 720-2104.

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BREAD AND WINE

If you would like to take the bread and wine to someone, or if you would like a member to bring bread and wine to you, please call Diane Morain at 491-7778 or talk to her before worship on Sunday. The bread and wine can then be blessed by the community during our Liturgy of the Eucharist. *Sharing the bread and wine is a vital part of our community.*

PLAYROOM SUPERVISION RULES

- Any child using the playroom must have their parent or other adult relative present in the playroom or immediately outside the room to maintain visual contact of the child.
- During Sunday services or other events, the parent or other adult relative may move a chair from the worship area to the hallway outside the playroom door to be able to participate in the service and maintain supervision of the child.
- If their parent or other adult relative is not present in the playroom, then two approved volunteers must be present. One of the volunteers must be 18 or older.

Individuals 14 years of age and older, who would like to supervise children in the playroom, must be approved by the Community Council. If interested in being approved, please contact Dennis Rhodes (DennisRho@msn.com or 371-6494) or Karen DeHaven (kdehaven@mchsi.com or 205-1086).

COMMUNITY CONTACTS

Pastoral Care Ministry Team

Kevin Pokorny (pokornyk@hotmail.com or 277-5848)

Mary Beth Reiff (marybethnz@msn.com or 779-6936)

Meal Coordinator:

Karen DeHaven (kdehaven@mchsi.com or 205-1086)

(Contact Karen to coordinate meal deliveries to DMIEC members suffering from illness, surgery, or accident.)

Community Council

Art Cunningham (finproac@aol.com; 961-6330)

Karen DeHaven (kdehaven@mchsi.com; 205-1086)

Donna Dressel (ddressel84@gmail.com; 313-6184)

Jim Fifield (jfifield74@gmail.com; 720-2104)

Dennis Rhodes (DennisRho@msn.com; 371-6494)

Mary Routh (Mlenaghanrouth@gmail.com; 371-4630)

Brendalyn Shird (brenshird@msn.com; 554-4700)

PERSONAL MINISTRIES

The Pastoral Care Ministry Team invites people in our community to offer their time as ministry to one another. Your ministry may include offering minor home repairs, yard work, pet care, respite care, prayer companion, rides to our Sunday prayer service, moving assistance, etc. For information, see flyers and signup sheet in the entry hallway.

There is an assistance fund for DMIEC members needing emergency financial assistance with food, shelter, utilities, transportation and medical and/or health issues. If you face such a need, we encourage you to contact a member of the Pastoral Care Ministry Team.

Building-Use Forms are on the web site. For information, please contact Mary Routh.

To submit an item for the bulletin, please send to Martha Fifield, martha.fifield@gmail.com.

Weekly Prayer Aids/Bulletins are available at dmiec.org. In the *Members* area in the left column, click on *Readings, Prayer Aids, Administration Files*, then *Our Weekly Prayer Aid*. Only registered DMIEC members may access this area of the web site.

To have full access, you may want to consider becoming a member. If you are not a registered member (or are not sure whether you are registered), contact Jim Fifield, dmiec11@gmail.com, 720-2104. You may also contact Jim if you are already a member and are having issues accessing the web site, or if you wish to update your personal information on the members' list on our web site.



DMIEC on Facebook: "Des Moines Intentional Eucharistic Community"

Administrators approve comments to our page before they go 'live'; only administrators can post statuses or pictures as DMIEC. To have an event posted as DMIEC on the page or to share pictures, email to tracyarood@gmail.com.

