

December 9, 2018
Second Sunday of Advent

Des Moines Intentional Eucharistic Community
All are welcome at our table

Prayer Leaders: Rob and Victoria Gloe

Music Leader: Julie Powell-Mohr

Blessing for Lighting the Second Advent Candle

Prayer Leader: Oh God, we have become the voices crying in the wild places:

Come back to us!

Return to us with Your peace, Your mercy and tenderness!

Bless our light;

let it guide us to forgiveness, for our hearts grow hard and angry;

let it lead us to sorrow for the hurts we inflict on others and our world;

let it illumine the way that You have prepared for us.

Bless our light; we know how small and unworthy it is!

And yet each week our prayers and longing add to its glow.

Bless our light; each new candle reminds us You are coming and You are God-with-us.

Bless this light and make it shine in the hearts we are readying for You.

ALL: Amen.

Please stand in body or spirit.

Opening Song: *Sing Out, Earth and Skies* #553, vs. 1-5

Blessing

Prayer Leader: Let us begin in prayer remembering the many images of God.

ALL: In the Name of God the Creator of All that Is, the One Who Is Always Coming, and the One Who Is Always with Us. Amen.

Prayer Leaders: Peace be with you. **ALL: And also with you.**

Prayer before Reading the Word

Prayer Leader: In this and every year,

in this and every place,

O God everlasting,

your word resounds in the wilderness of Advent.

**ALL: Fill in the valleys of our neglect;
bring low our mountains of self-centeredness.**

Prepare in our hearts

your way of righteousness, peace, and love.

We ask this through Jesus the Christ,

who was, who is, and who is to come,

in unity with the Holy Spirit,

one God forever and ever. Amen.

(At Home with the Word, adapted)



December 9, 2018
Second Sunday of Advent

Prayer Leader: In your presence, O God, may our minds be opened, our spirits renewed, and our questions and insights shared.

ALL: Amen.

Please be seated.

First Reading: Rachel Naomi Remen, *My Grandfather's Blessings*

ALL: Thanks be to God.

Second Reading: Philippians 1:4-6, 8-11

ALL: Thanks be to God.

Please stand for the Gospel.

Gospel: Luke 3:1-6

ALL: Praise to you, Jesus the Christ.

Please be seated.

Dialogue Homily

Our dialogue homily is a time of reflection and sharing on the readings as they speak to our faith and life experiences, and as expressed and lived by our varied faith traditions.

Prayers of the People

Prayer Leader: Sisters and brothers in Christ, God invites us to bring our doubts and fears, our joys and concerns, our petitions and praise, and offer them for the earth and its creatures. Follow each petition with "We pray."

R: God, hear our prayer.

Prayer Leader: God of Hope, we pray you will comfort and restore all who suffer in body, mind, and spirit — those whom we have named and those we hold in our hearts.

ALL: May they know the power of your healing love. *(A New Zealand Prayer Book, adapted)*

Prayer Leader: Receive our prayers, O God, and transform us through them, that we may have eyes to see and hearts to understand not only what you do on our behalf, but what you call us to do. *(Revised Common Lectionary Prayers 2002, adapted)*

ALL: Amen.

Communal Offering

Prayer Leader: God, the earth is yours, and everything in it. We come now to this table to make a return to You for all You have so generously given to us.

ALL: In this gathering, we are fed and nourished with the gift of Word, with bread and wine, and with the gift of one another.

East: You feed us that we may become what we eat—that we become bread for the world.

December 9, 2018
Second Sunday of Advent

West: In thanksgiving, we offer our prayers and gifts, our daily lives, our very selves to You and to our world.

ALL: May this offering we now collect support our community gathered here and carry our prayers and our work into the wider world. Amen.

Offertory Song: *Dona Nobis Pacem* #203

Eucharistic Prayer of Advent—Season of Hope

*We gather around the altar for our prayer. Readers are not specifically assigned for the parts; please feel free to recite a passage if you feel so moved. **Bold parts are read in unison.** When it is time to bless the bread and wine, please extend a hand palm up as we say the words of blessing together. If you would like gluten-free bread, please stand by the podium.*

The Lord's Prayer

Please join hands as we say The Lord's Prayer, beginning with "God Alive in Us."

Peace

Communion Prayer

**We share this bread that was broken for us,
that we might learn how to be the Body of Christ.
We share the cup that was poured out for us,
that we might learn how to pour out our lives for one another.**

"You are the bread of life." "You are the cup of life."

When everyone has received Communion, please return to seats for silent prayer.

Communion Meditation

Prayer after Communion

Prayer Leader: God of holiness,
whose promises stand through all generations,
fulfill the longings of a humanity
burdened with confusion and fear.

**ALL: Raise up our heads and strengthen our hearts,
that we may proclaim to all people
the Good News of your presence in our midst.
May we delight in sharing your peace,
which surpasses all understanding.**

**We ask this through Jesus the Christ,
who lives and reigns with you in unity with the Holy Spirit,
one God forever and ever. Amen.**

(At Home with the Word, adapted)

December 9, 2018
Second Sunday of Advent

Healing Blessing

Anyone taking bread and wine to someone in the community is invited to come forward.

Prayer Leader: May our thoughts and prayers go to _____ and all those who need healing.
We hold them in our hearts.

ALL: We send you with bread and wine and the prayers of our community. Amen.

Announcements

Please stand in body or spirit.

Blessing

Prayer Leaders: May God bless us, and may we all go forth to help bring God's love and peace to our world.

ALL: In the Name of God the Creator of All That Is, the One Who Is Always Coming, and the One Who Is Always with Us. Amen.

Final Song: *Let the Valleys Be Raised #48, vs. 1-3*

***Please return the Eucharistic Prayer handout to the basket and
take this Prayer Aid/Bulletin home with you.***

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***Thank you for sharing in our celebration of faith this morning.
Please join us for refreshments immediately following the service.
We pray together in this space every Sunday at 10:00 a.m.
All are welcome!***

For the collection each week, checks can be written to "DMIEC." The First Sunday collection each month supports a selected charitable organization. The remaining collections cover utility, insurance, and other usual and customary expenses. Contributions are tax-deductible.

Collection report from December 2: Last week's DMIEC collection netted **\$3,765** for **WOMEN AT THE WELL**.

Next week is DMARC Emergency Food Pantry Sunday.

Envelopes will be available at next Sunday's IEC service for donations to the Des Moines Area Religious Council Emergency Food Pantries. Write checks to "DMARC" or place cash in the envelopes and add to the collection basket. Or, feel free to take an envelope home and mail your donations directly to DMARC.

**December 9, 2018
Second Sunday of Advent**

SANCTUARY UPDATE: HELP WANTED

Here are some immediate ways individuals can help two El Salvadoran families living in Des Moines while seeking asylum:

- Join a support team to help coordinate assistance
- Identify where free and reduced-cost clothing is available
- Research availability of chronic medical care (as opposed to urgent medical care)
- Provide transportation

For more information or to volunteer, contact Martha Gelhaus, mgelhaus@hotmail.com.

Financial support is also greatly needed. Here are ways to donate:

- Send donations to First Unitarian Church, c/o Charles Lewis, 1800 Bell Ave., Des Moines, 50315. Please make checks to First Unitarian Church of DSM, with ISM Asylum Support on memo line.
- Donate on-line on First Unitarian Church's website.
- Place cash and check donations in the envelope on the entrance table.
- You may wish to consider a monthly donation that could be counted on for ongoing expenses.

To receive emails about the families' needs, sign up on the clipboard or contact Martha.

DMIEC is a sanctuary support community and a member of the Iowa Sanctuary.

MARK YOUR CALENDAR:

Date/Time	Event	Contact Person(s):
Wednesday, December 12, 3:30 p.m.	Liturgy Planning Meeting	Liturgy Team
Monday, December 17, 6:00 p.m. <i>(Please note date change)</i>	Community Council Meeting	Community Council
Thursday, December 20, 5:30 p.m.	Serve Shelter Meal	Kathy Eastman
Monday, December 24, 5:00 p.m. <i>(No service on Christmas Day)</i>	Christmas Eve Service	Liturgy Team

MINISTRIES FOR SUNDAY, DECEMBER 16

Prayer Leaders: Rodger Routh and Jeffrey Weiss

Music Leader: Scott Hurley

Liturgy Coordinator: Gina MacRae

Bread Baker: Barb Corson

Prayer Aid Distributor: Elaine Hagedorn

Greeters: Mary Kay Shanley and Patti, Patti Kommer, Dennis Rhodes

Readers: Jeanie hagedorn, Pat Miller, Kay Kopatich

Eucharistic Ministers: Kris Wells, Claudette McDonald. *Volunteer needed*

Straighten Worship Area: John Waters

Hospitality: Mary Routh, Barb Corson, Jeanie & Elaine Hagedorn, Anne Webber, Victoria Gloe

PLEASE SIGN UP! *Volunteer signup sheets are located in the entry hallway. Instructions for the various volunteer positions are available on the web site (dmiec.org) or in the Liturgy Room.*

If you have questions about a particular position, contact one of the Coach Contacts.

NEXT WEEK'S READINGS *(May be subject to change.)*

Zephaniah 3:14-18; Philippians 4:4-7; Luke 3:10-18

December 9, 2018
Second Sunday of Advent

Thank you

We are most grateful for the cards of healing and compassion received, memorial gifts given, and the presence of many IEC folks at our father's visitation and funeral last week. Our spiritual community was intimately with us as we celebrated the life of our father, Ernie Pokorny. A special thanks to Rodger Routh, who produced a moving slide show tribute to our father.

All our love ~ Kevin Pokorny, Cynthia Pokorny Martinez, Martha Gelhaus

DMIEC EVENTS:

Liturgy Planning Meeting, Wednesday, December 12, 3:30 p.m.

All are welcome to attend the monthly Liturgy Planning meeting. If you would like to offer ideas or suggestions but are unable to attend the meeting, please talk to a member of the Liturgy Team (which includes Julie Powell-Mohr, Mona Gude, Lisa Mullen, Diane Morain, Paula Hermann, Lou Ann Burkle, Martha Fifield and Kevin Pokorny).

SERVE SHELTER MEAL

Thursday, December 20, 5:30 or 6:00 p.m., Central Iowa Shelter & Services, 1420 Mulberry, St., DM

We will again purchase the foods already prepared from the Johnston Hy-Vee. We need volunteers to assist in serving and hospitality/fellowship. Serving begins at 6:30; we need several volunteers to be available about 5:30 and everyone else to arrive by 6:00 so we can make assignments, get food set up, and be ready to serve on time. Serving will be completed about 7:30. Shelter staff handles cleanup. Contact Kathy Eastman, keastman33@gmail.com or 255-7885 (home) if you have questions or to volunteer. Let Kathy know whether arriving at 5:30 or 6:00 better fits your schedule.

ANNUAL CHRISTMAS SONGFEST

Sunday, December 16, 2:00 – 5:00 p.m.

Home of Tom and Rita Fisher, West Grand Towers, 3663 Grand Ave., Unit 303, Des Moines

All are welcome! Please bring your voices, musical instruments, snacks and guests for an afternoon of music and conversation. Look for parking information near the clipboards in the DMIEC entry hallway.

Charting Your Soul's Compass: A Women's Reflective Writing Retreat

March 28-31, St. Benedict Center Schuyler, Nebraska

Mary Kay Shanley and Diane Douiyssi offer this Thursday evening through Sunday noon retreat that encourages women to experience the treasure of expression waiting to emerge, to consider the possibilities that await the writer within, and to celebrate the purpose and direction in their own lives. For more information, please go to www.StBenedictCenter.com.

Summer 2019: Build Homes in Malawi with Habitat for Humanity

Enjoy a different kind of vacation. Brendalyn Shird is recruiting a volunteer team to serve in **Malawi, Africa, from June 29-July 7, 2019**. The team will experience *the warm heart of Africa* while building homes for vulnerable children who have lost at least one parent. For more information, contact Brendalyn at bshird@gdmhabitat.org.

December 9, 2018
Second Sunday of Advent

AREA EVENTS:

Immigration Series: *Finding God's Call for Us in Migrant Stories*

Wednesday, December 12, 6:00 – 7:30 p.m., Plymouth Church, 4126 Ingersoll Ave., DM

The last in a series of informational and interactive sessions about welcoming migrants in Des Moines and Iowa. All are welcome.

Tashikyil Tibetan Monastery Culture and Art

December 14-19, Pure Land of Iowa, 8364 Hickman Rd., Clive

Monks from Labrang Tashikyil Monastery in India bring their Culture and Art Tour to the Des Moines area. The visit will include traditional Tibetan music and dancing, group meditation, and sand mandala making. All events open to the public. For a schedule of events see facebook.com/purelandofiowa/

Behold the Night! *Winter Solstice Worship*

Wednesday, December 19, 6:00 p.m., Immanuel United Methodist Church, 2900 49th St., Des Moines

All are invited to join Contemplative Outreach of Central Iowa for a Winter Solstice Contemplative Worship service, featuring Richard Bruxvoort Colligan, a nationally known composer, musician, and liturgical theologian. A free will offering will be taken during the event. Go to centeriowa.org to register.

Service of Remembrance and Hope

Thursday, December 20, 7:00 p.m., St. Timothy's Episcopal Church, 1020 24th St., West Des Moines

The Service of Remembrance and Hope is a time to acknowledge the “blue” feelings often felt at Christmas time and the reasons for them, and to offer them to God. As the shortest day and longest night of the year approach, certain memorable phrases come to mind: “long dark night of the soul,” “the winter of our discontent,” phrases which trigger memories of past experiences, and the pain of present experiences, which can become overwhelming. Find hope and comfort in knowing that you, or those you love, are not alone.

Catholic Worker House Needs: Cold weather brings a need for warm items for the Catholic Worker House guests — jackets, socks, stocking caps, blankets, and sleeping bags. Other immediate needs: disposable razors, shaving cream, and deodorant. DMIEC supports the Catholic Worker House through our weekly donations. Place your donations in the grocery cart in the coatroom.

If you are new to IEC and would like a printed nametag, please sign up on the sheet in the entry hallway. Please include your email address if you would like to be added to our distribution list.

PLEASE NOTE: Signing up for a nametag and emails does not register you as a member of DMIEC. You must be a registered member to access the Members section of our web site and to vote in DMIEC elections. There is no tithing commitment. For more information or to register, please contact Jim Fjfield, dmiec11@gmail.com or 720-2104.

December 9, 2018 Second Sunday of Advent

BREAD AND WINE

If you would like to take the bread and wine to someone, or if you would like a member to bring bread and wine to you, please call Diane Morain at 491-7778 or talk to her before worship on Sunday. The bread and wine can then be blessed by the community during our Liturgy of the Eucharist. *Sharing the bread and wine is a vital part of our community.*

PLAYROOM SUPERVISION RULES

- Any child using the playroom must have their parent or other adult relative present in the playroom or immediately outside the room to maintain visual contact of the child.
- During Sunday services or other events, the parent or other adult relative may move a chair from the worship area to the hallway outside the playroom door to be able to participate in the service and maintain supervision of the child.
- If their parent or other adult relative is not present in the playroom, then two approved volunteers must be present. One of the volunteers must be 18 or older.

Individuals 14 years of age and older, who would like to supervise children in the playroom, must be approved by the Community Council. If interested in being approved, please contact Dennis Rhodes (DennisRho@msn.com or 371-6494) or Karen DeHaven (kdehaven@mchsi.com or 205-1086).

COMMUNITY CONTACTS

Pastoral Care Ministry Team

Kevin Pokorny (pokornyk@hotmail.com or 277-5848)
Mary Beth Reiff (marybethnz@msn.com or 779-6936)

Meal Coordinator:

Karen DeHaven (kdehaven@mchsi.com or 205-1086)
(Contact Karen to coordinate meal deliveries to DMIEC members suffering from illness, surgery, or accident.)

Community Council

Art Cunningham (finproac@aol.com; 961-6330)
Karen DeHaven (kdehaven@mchsi.com; 205-1086)
Donna Dressel (ddressel84@gmail.com; 313-6184)
Jim Fifield (jfifield74@gmail.com; 720-2104)
Dennis Rhodes (DennisRho@msn.com; 371-6494)
Mary Routh (Mlenaghanrouth@gmail.com; 371-4630)
Brendalyn Shird (brenshird@msn.com; 554-4700)

PERSONAL MINISTRIES

The Pastoral Care Ministry Team invites people in our community to offer their time as ministry to one another. Your ministry may include offering minor home repairs, yard work, pet care, respite care, prayer companion, rides to our Sunday prayer service, moving assistance, etc. For information, see flyers and signup sheet in the entry hallway.

There is an assistance fund for DMIEC members needing emergency financial assistance with food, shelter, utilities, transportation and medical and/or health issues. If you face such a need, we encourage you to contact a member of the Pastoral Care Ministry Team.

Building-Use Forms are on the web site. For information, please contact Mary Routh.

To submit an item for the bulletin, please send to Martha Fifield, martha.fifield@gmail.com.

Weekly Prayer Aids/Bulletins are available at dmiec.org. In the *Members* area in the left column, click on *Readings, Prayer Aids, Administration Files*, then *Our Weekly Prayer Aid*. Only registered DMIEC members may access this area of the web site.

To have full access, you may want to consider becoming a member. If you are not a registered member (or are not sure whether you are registered), contact Jim Fifield, dmiec11@gmail.com, 720-2104. You may also contact Jim if you are already a member and are having issues accessing the web site, or if you wish to update your personal information on the members' list on our web site.



DMIEC on Facebook: "Des Moines Intentional Eucharistic Community"

Administrators approve comments to our page before they go 'live'; only administrators can post statuses or pictures as DMIEC. To have an event posted as DMIEC on the page or to share pictures, email to tracyarood@gmail.com.

